



CATERING

# CORPORATE MENU

Autumn/Winter 2020

## BREAKFAST CANAPES

Mini muffins (v) (gfo)	
Blueberry, raspberry or apple & cinnamon.....	<b>2.0</b>
Mini waffle w maple cream cheese & seasonal fruit (v) (gfo).....	<b>3.5</b>
Corn fritter w smashed avocado, feta & pepitas (v) (gfo).....	<b>3.5</b>
Mini potato rosti w pesto & tomato (v) (gf).....	<b>3.5</b>
Mini breakfast bagel	
Smoked salmon, lemon cream cheese, & watercress.....	<b>4.5</b>
Egg frittata w green tomato pickle (v).....	<b>4.0</b>
Cinnamon cream cheese w blueberries (v).....	<b>4.0</b>
Smashed pumpkin, edamame & pickled ginger (vg).....	<b>4.0</b>
Mini crossiant	
Ricotta & raspberry compote (v).....	<b>4.0</b>
Shaved ham & swiss cheese.....	<b>4.0</b>

minimum 20 per order

## BIGGER ITEMS

Slice of fruit loaf served w lime butter (v).....	<b>4.5</b>
Gluten-free option (gfo).....	<b>+1.0</b>
Bircher museli w stewed cinnamon apples and yoghurt (v).....	<b>5.0</b>
Cocoa chia pudding w berries (vg) (gf).....	<b>5.0</b>
Slice of banana bread w salted caramel & fresh banana (v).....	<b>6.5</b>
Breakfast taco w egg, black beans, avocado, tomato, chipotle aioli & coriander (v).....	<b>7.5</b>
Breakfast bowl w hard-boiled egg, edamame beans, tomato, avocado, quinoa & spinach leaves.....	<b>8.0</b>
Add smoked salmon.....	<b>+2.0</b>

minimum 5 per order

## THE FRUIT BOX (vg) (gf)

A selection of fresh seasonal fruit.

Small serves 10-12.....	<b>30.0</b>
Large serves 15-20.....	<b>60.0</b>

(v) vegetarian    (vg) vegan    (vgo) can be made vegan    (gf) gluten free    (gfo) can be made gluten free



ABOVE: Corn fritters w smashed avocado, feta & pepitas and mini bagels w smoked salmon, lemon cream cheese, & watercress

## MEAT (gfo)

MFF signature chicken w celery, red onion, mango chutney & mayo.....	<b>6.0</b>
Reuben w corned beef, cheese, sauerkraut, American mustard & watercress .....	<b>6.5</b>
Shaved leg ham, pickled red onion, cheese & leaves.....	<b>6.0</b>
Salami, olive tapanade, tomato & cheese.....	<b>6.0</b>
Turkey, cranberry, cheese & leaves .....	<b>6.0</b>
Smoked salmon & lemon cream cheese .....	<b>6.0</b>

## VEGETARIAN (v) (gfo)

Classic egg, iceberg lettuce & mayo .....	<b>5.0</b>
Smashed paprika sweet potato, avocado & leaves <small>(vg)</small> .....	<b>5.0</b>
Grilled mushrooms, brie & leaves .....	<b>5.5</b>
Grilled zucchini, whipped feta, dill & leaves.....	<b>5.0</b>

## MIXED

*A mixed selection of sandwiches. Can be made vegetarian or vegan. Minimum 10 sandwiches.*

10 sandwiches / 40 pts.....	<b>60.00</b>
15 sandwiches / 60 pts.....	<b>90.00</b>
20 sandwiches / 80 pts.....	<b>120.00</b>
25 sandwiches / 100 pts .....	<b>150.00</b>
30 sandwiches / 120 pts .....	<b>180.00</b>

*Minimum 5 per order.*

(v) vegetarian    (vg) vegan    (vgo) can be made vegan    (gf) gluten free    (gfo) can be made gluten free



**ABOVE:** BBQ chicken, celery, red onion, mango chutney & mayo and shaved leg ham, pickled red onion, cheese & leaves

## SLIDERS

Pulled American BBQ pork & slaw.....	<b>4.5</b>
Turkish lamb, tzatziki, pickled cucumber & cos lettuce.....	<b>4.5</b>
Chicken schnitzel w lettuce, avocado & maple bacon aioli.....	<b>4.5</b>
Charred broccoli, feta & chipotle mayo (v).....	<b>4.0</b>
Beetroot burger w caramelised onion, cheese & rocket (v) (vgo).....	<b>4.0</b>

## MINI SUBS

Roast pork bahn mi w pickled carrot, cucumber, coriander, chilli, kewpie mayo & hoi sin.....	<b>4.5</b>
Tandoori chicken w mango chutney, mint yoghurt & leaves.....	<b>4.5</b>
Eggplant hero w pesto, provalone cheese, marinara sauce & leaves (v) (vgo).....	<b>4.5</b>

## MINI TACOS

Pulled Korean pork w pickled cucumber, cabbage & sriracha kewpie mayo.....	<b>3.5</b>
Chipotle chicken w charred corn, guacamole, cabbage, coriander & jalepeno mayo.....	<b>3.5</b>
Prawn w cabbage, pineapple salsa & chipotle mayo.....	<b>4.0</b>
Roast chipotle cauliflower w guacamole, cabbage, coriander & tobasco aioli (v) (vgo).....	<b>3.0</b>

## MINI BAGELS

Smoked salmon, lemon cream cheese, & watercress.....	<b>4.5</b>
Roast chicken w dill mayo, lemon & rocket.....	<b>4.5</b>
Pumpkin, smashed edamame & avocado w pickled ginger (vg).....	<b>4.5</b>
Roast capsicum w hummus & leaves (vg).....	<b>4.5</b>

Minimum 30 per order.

(v) vegetarian    (vg) vegan    (vgo) can be made vegan    (gf) gluten free    (gfo) can be made gluten free



**ABOVE:** Pulled American BBQ pork & slaw

## CHICKEN

- Roast chicken & mixed grains w chickpea, rocket & pickled ginger ..... **12.0**
- Poached chicken breast w green beans, walnuts, leaves & basil mayonnaise (gf)..... **12.0**
- Chicken ceaser w egg, lettuce, croutons & bacon..... **12.0**

## MEAT

- Spiced lamb w carrot, cous cous, currents, coriander & sumac yoghurt ..... **12.0**
- Cold beef noodle salad w creamy peanut dressing .... **12.0**
- Vietnamese beef salad w green beans, vermicelli & Thai basil (gf)..... **12.0**

## SEAFOOD

- Smoked trout w potato, herbs & lemon salad cream (gf) ..... **16.0**
- Spicy salmon poke w kim chi, avocado, cucumber & edamame (gf)..... **16.0**
- Pickled octopus w potato, avocado & rocket (gf) ..... **16.0**

## VEGETARIAN (v)

- Farfalle & slow-roasted tomatoes w ricotta, basil & balsamic ..... **10.0**
- Charred green vegetables w tahini yoghurt dressing (gf)..... **10.0**
- Sweet potato, eggplant, edamame & spring onion w soy & sesame dressing (vg)..... **10.0**
- Cauliflower tabouli w almonds, pomegranate & mixed herbs (vg) (gf)..... **10.0**

Minimum 5 per order.

(v) vegetarian    (vg) vegan    (vgo) can be made vegan    (gf) gluten free    (gfo) can be made gluten free



**ABOVE:** Cauliflower tabouli w almonds, pomegranate & herbs

## THE ANTIPASTO BOX (vo) (gfo)

A selection of cheese, cured meats, antipasto, dips, nuts, crackers and seasonal fruit. Can be made gluten free, vegetarian or vegan on request (prices may differ).

Small serves 6-8 .....	<b>100.0</b>
Large serves 12-14 .....	<b>200.0</b>

## THE CHEESE BOX (vo) (gfo)

A selection of cheese, nuts, crackers and seasonal fruit. Can be made gluten free or vegetarian request (prices may differ).

Small serves 6-8 .....	<b>100.0</b>
Large serves 12-14 .....	<b>200.0</b>

## THE KIDS BOX (vo) (gfo)

A selection of cheese, fresh fruit & vegetables, dips, popcorn, nuts and crackers, perfect for tiny hands. Can be made gluten free, vegetarian or vegan on request, and can be scaled up or down to suits your event (price may differ).

Small serves 6-8 .....	<b>75.0</b>
Large serves 12-14 .....	<b>150.0</b>

## THE FRUIT BOX (vg) (gf)

A selection of fresh seasonal fruit.

Small serves 10-12 .....	<b>30.0</b>
Large serves 15-20 .....	<b>60.0</b>

## GRAZING TABLES (vo) (gfo)

Our grazing tables are the perfect option for larger groups and can be tailored specifically for your event. They feature a selection of cheese, cured meats, antipasto, dips, nuts, crackers and seasonal fruit. They can be made gluten free, vegetarian or vegan on request (prices may differ).

1m serves up to 40 .....	<b>\$500.0</b>
2m serves up to 75 .....	<b>\$875.0</b>
3m serves up to 100 .....	<b>\$1,250.0</b>
4m serves up to 140 .....	<b>\$1,625.0</b>
5m serves up to 175 .....	<b>\$2,000.0</b>

(v) vegetarian    (vg) vegan    (vgo) can be made vegan    (gf) gluten free    (gfo) can be made gluten free



ABOVE: Large antipasto box

## INDIVIDUAL CAKES (v)

Cheesecake bites on biscuit base w seasonal fruit .....	<b>3.5</b>
Persian love cake bites w orange blossom .....	<b>3.5</b>
Chocolate brownie bites w fresh cream .....	<b>3.5</b>
Strawberry shortcake stack w vanilla & fresh strawberries .....	<b>3.5</b>
Mini banana loaves w cream cheese icing .....	<b>4.0</b>
Tiramisu coffee pots .....	<b>4.5</b>

## MINI TARTS (v)

Lemon w chantilly cream .....	<b>3.5</b>
Chocolate salted caramel .....	<b>3.5</b>
Vanilla custard w fresh strawberry .....	<b>3.5</b>

## CUPCAKES (v)

	<i>Mini</i>	<i>Standard</i>
Classic vanilla .....	<b>2.5</b>	<b>4.0</b>
Classic chocolate .....	<b>2.5</b>	<b>4.0</b>
Cookies & cream .....	<b>2.5</b>	<b>4.0</b>
Lemon meringue .....	<b>2.5</b>	<b>4.0</b>
Red velvet .....	<b>2.5</b>	<b>4.0</b>
Salted caramel .....	<b>2.5</b>	<b>4.0</b>
Strawberry & coconut .....	<b>2.5</b>	<b>4.0</b>

## CUSTOM CAKES

*We can tailor a custom cake to perfectly suit your event. Please contact us for a custom quote based on your needs.*

Custom cakes .....	<b>POA</b>
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*Minimum 20 per order.*

**(v)** vegetarian    **(vg)** vegan    **(vgo)** can be made vegan    **(gf)** gluten free    **(gfo)** can be made gluten free



**ABOVE:** Cheesecake bites on biscuit base w seasonal fruit

## HOW TO ORDER

Visit our website and fill out our [enquiry form](#) or give us a call on **0411 765 407**. Orders must be placed a minimum of 3 days prior to the event. A minimum order fee of \$500 applies. Note all prices are excluding GST.

## QUESTIONS

We'd be more than happy to chat! Send an email at [info@melbournefoodfiles.com](mailto:info@melbournefoodfiles.com) or give us a call on **0411 765 407**.

## CUSTOM ORDERS

Have you got a themed party and want the food to match? Or just have a craving for something specific? Contact us! We'd be happy to discuss your ideas. Send an email to us at [info@melbournefoodfiles.com](mailto:info@melbournefoodfiles.com) or give us a call on **0411 765 407**.

## ALLERGIES

We cannot list every ingredient in every dish so **please notify us of any special dietary requirements**. While we do our best to accommodate allergies, we can not guarantee our food is 100% allergy free. Please inform us if you require items to be gluten free that are marked with gluten free option.

## DELIVERY

Delivery fees apply: \$20 within 10km of 3181, \$3 for each km thereafter. You can choose to have your food delivered either hot or cold. **Food is delivered in large boxes approximately 50cm x 30cm**. Please ensure you can fit them in your fridge. Items served hot will be supplied with heating instructions.



**ABOVE:** talk to us today about your order